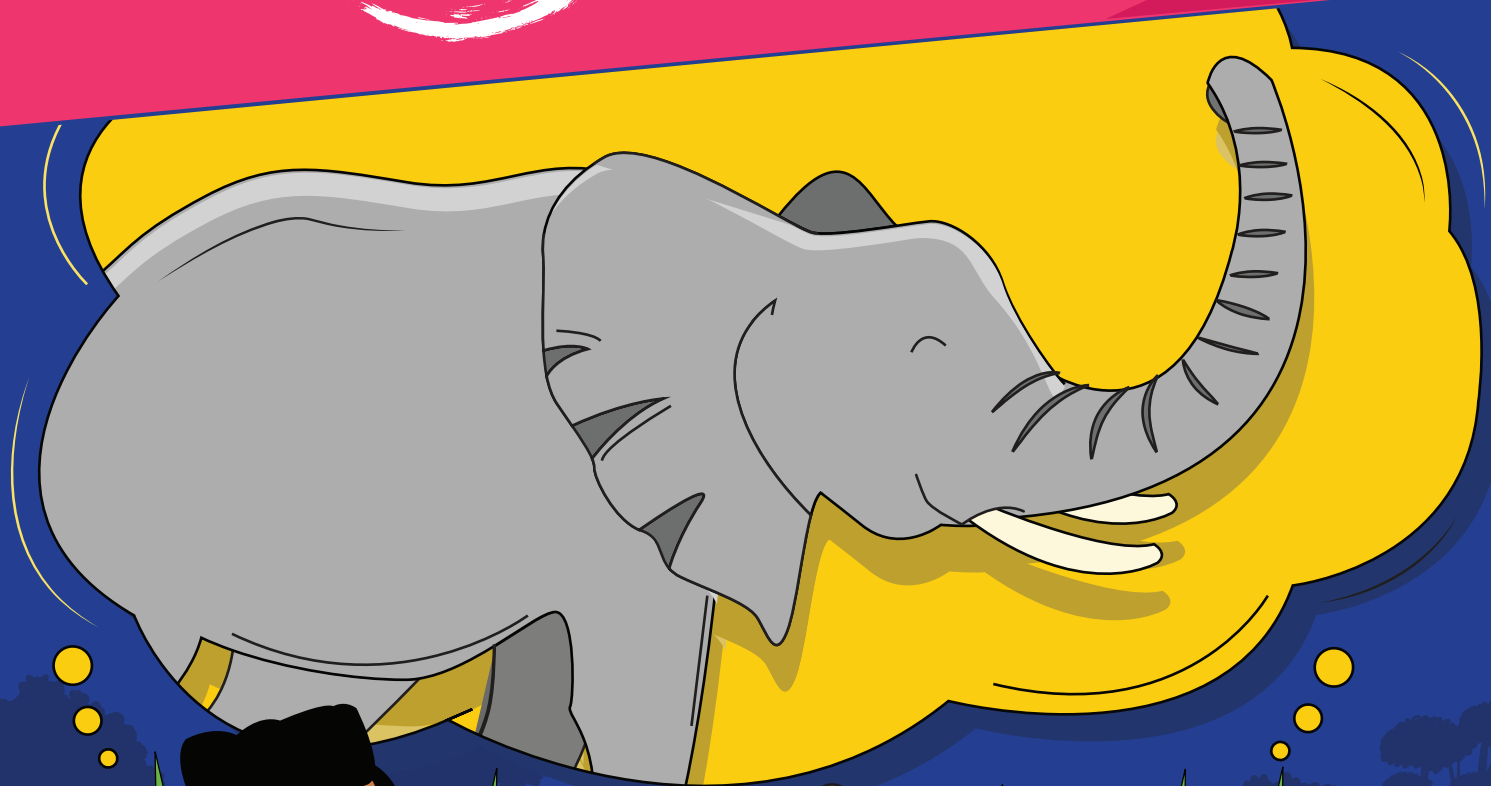
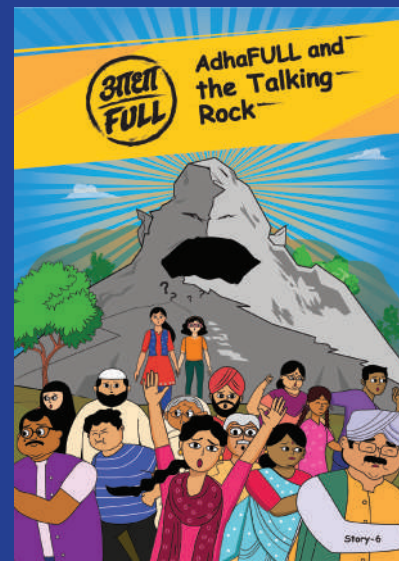
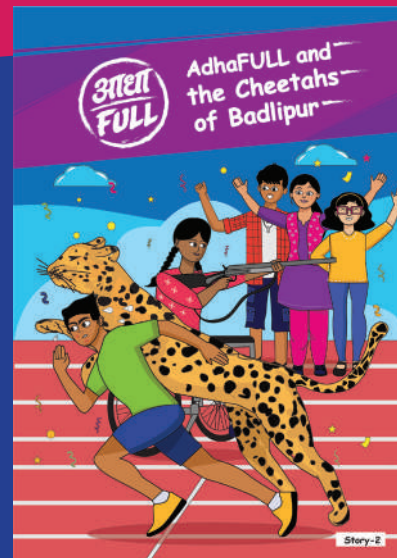
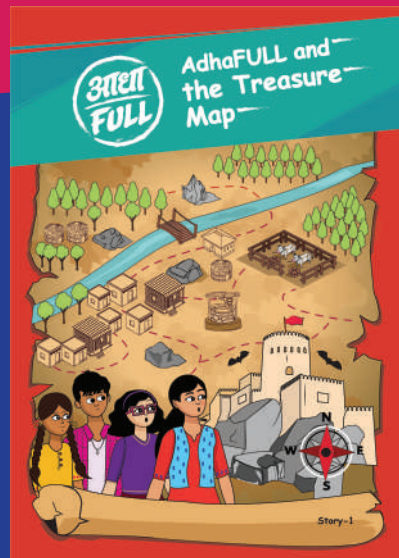




AdhaFULL and the Missing Elephant

There are many more adventures of AdhaFULL. Read them all, don't miss even a single one.



Story-4

Developed and created by BBC Media Action with support from UNICEF, DOVE and the Centre for Appearance Research



- Name: Kitty
- Age: 16 years
- Grade: Eleventh
- Merits: Sometimes peppy
Sometimes sensible. Mostly both!
- *Nothing is impossible for Kitty

Kitty



- Name: Adrak
- Age: 15 years
- Grade: Dropped school after seventh
- Merits: Idea bank number one.
- *Adrak is packed with ideas!

Adrak



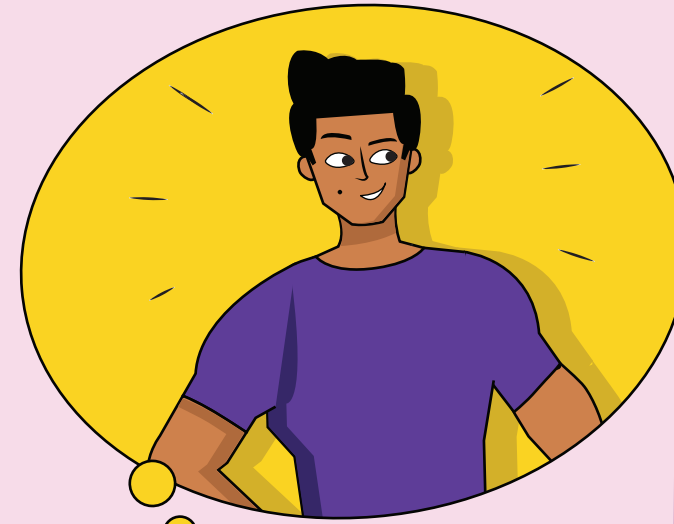
- Name: Tara
- Age: 12 years
- Grade: Seventh
- Merits: A living encyclopedia
- *Tara never tells a lie

Tara

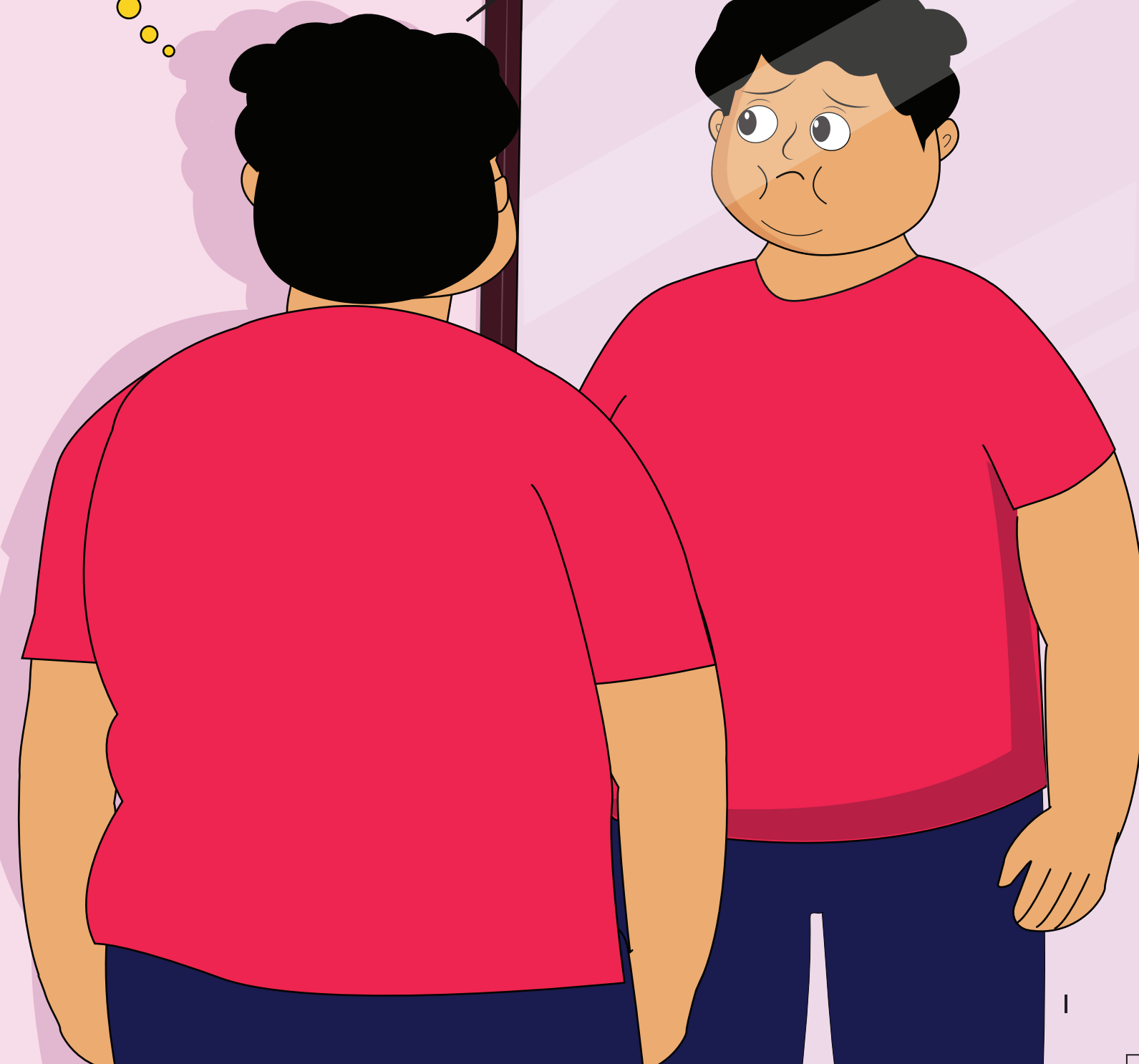
'The' AdhaFULL team of Badlipur

The three live in Badlipur and love playing detectives. Whenever something happens in Badlipur, they are the first on the scene, and together, solve the toughest of cases. Everybody knows them as the AdhaFULL team.

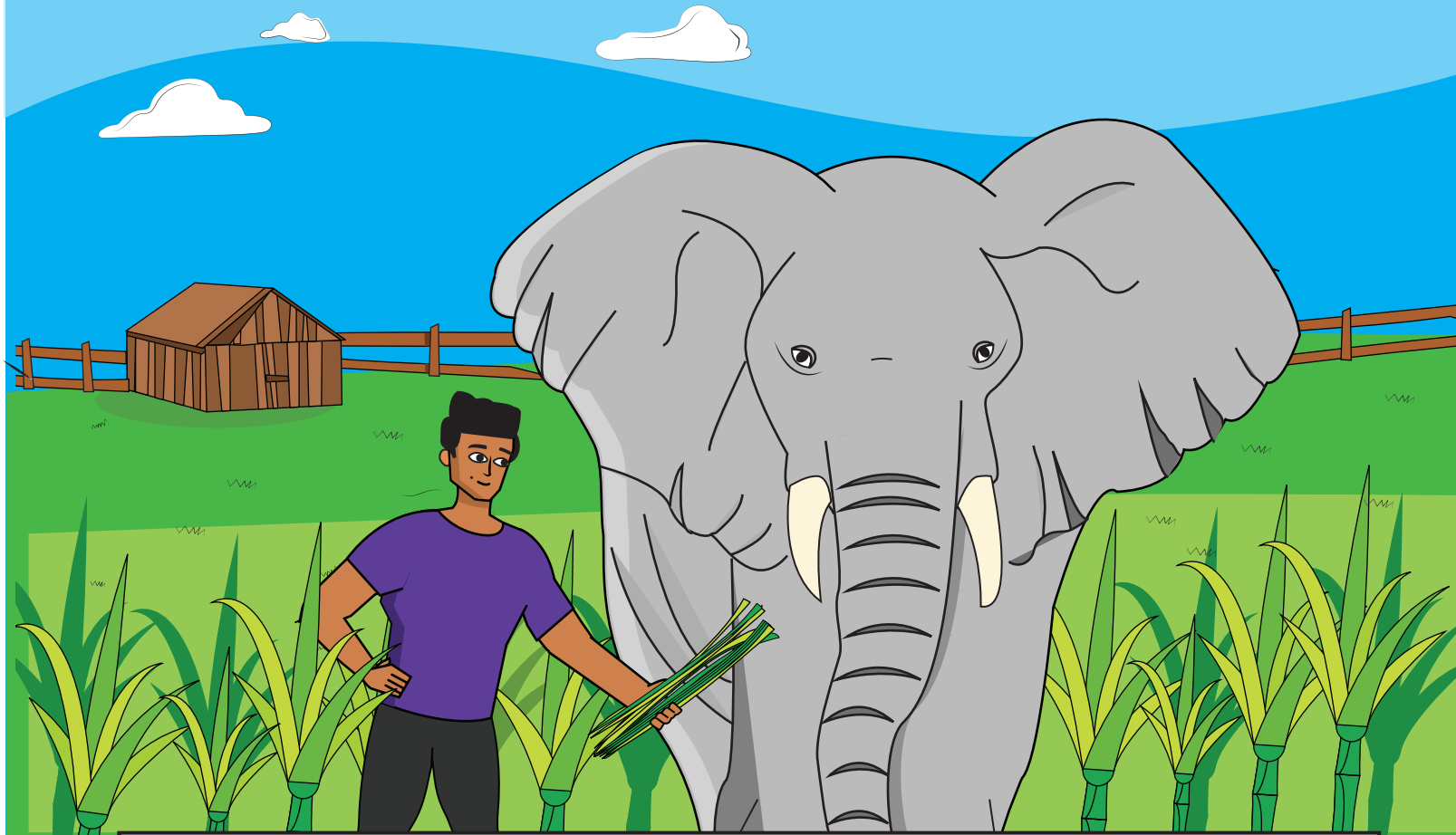
There lived a boy named Vivek in Badlipur. He was not happy at all with his looks. He was always sad.



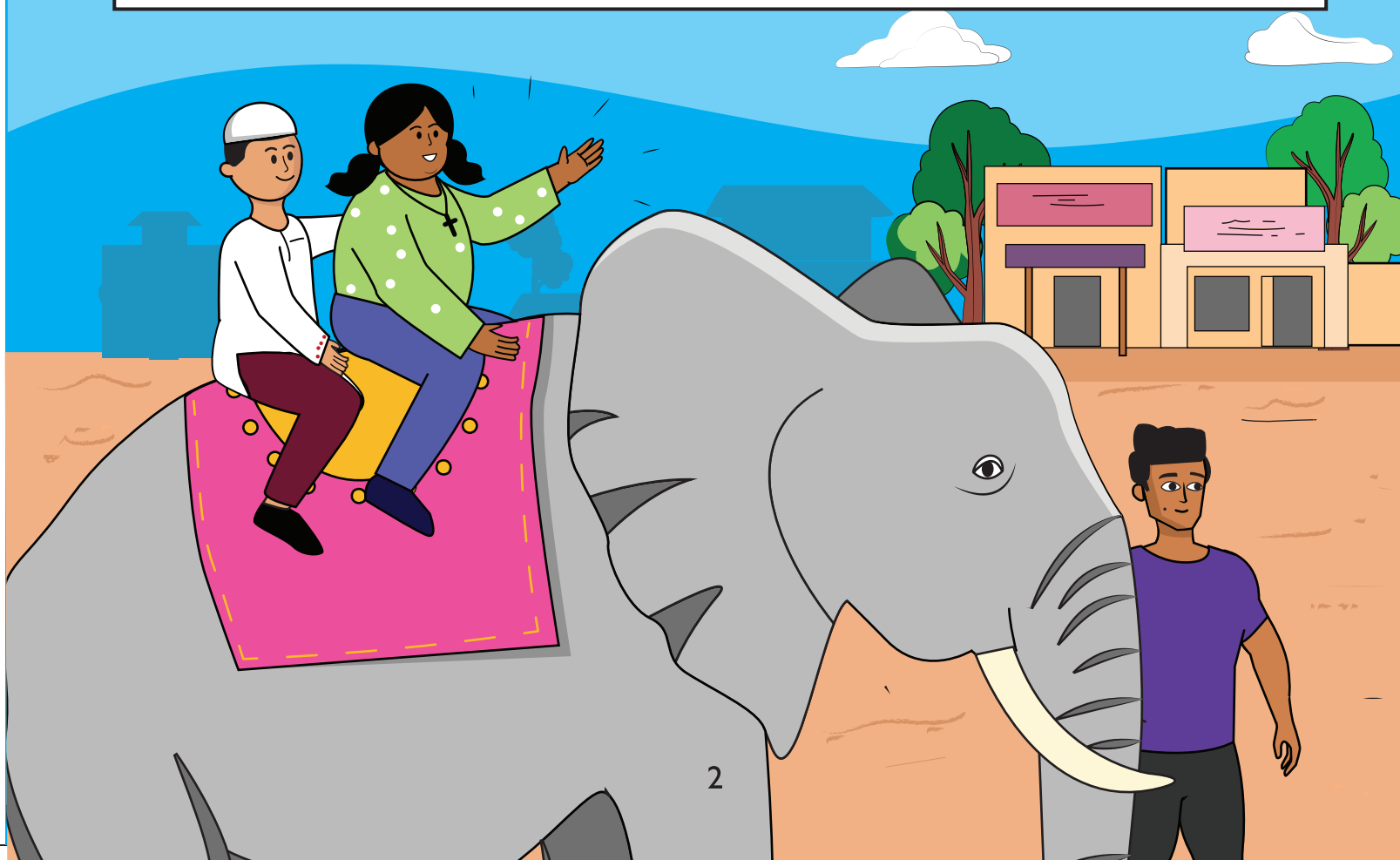
I am so fat!
I wish I could look like Khubilal.



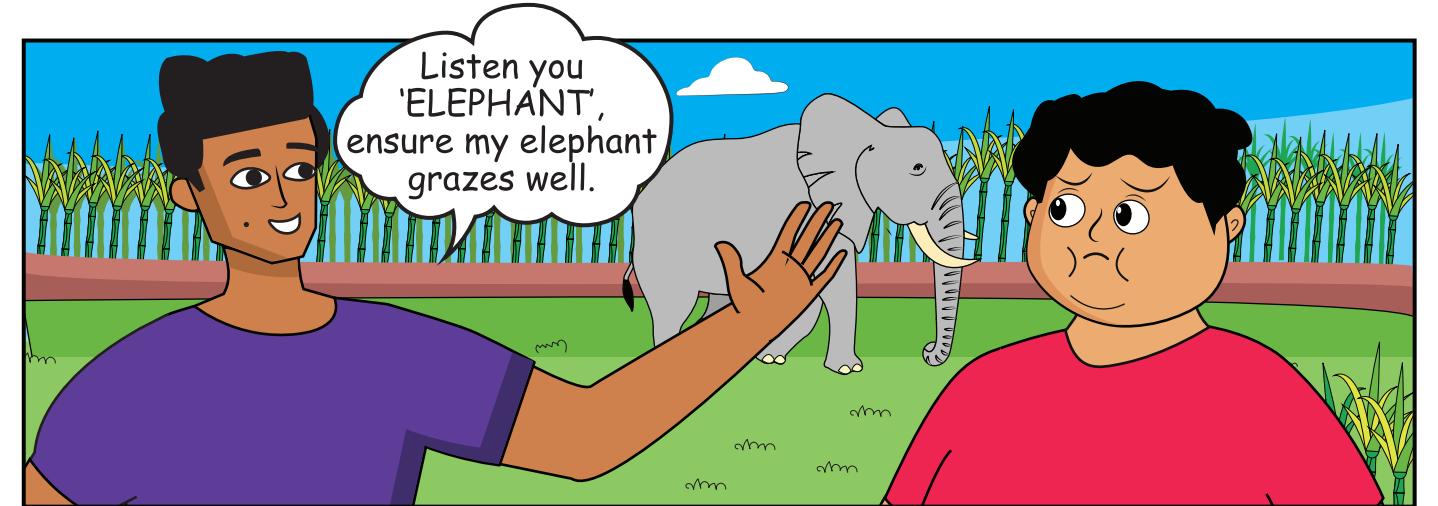
Khubilal was a Mahout. He looked just like a hero.
Wavy hair, tall and brawny body.



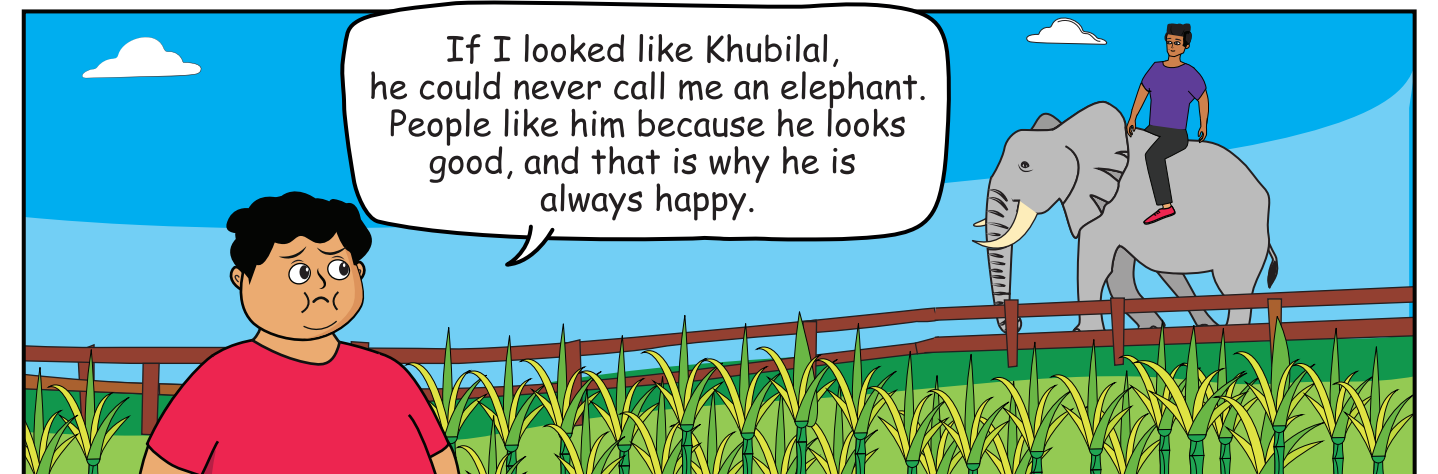
Khubilal used to earn money by giving children of Badlipur rides on the back of his elephant.



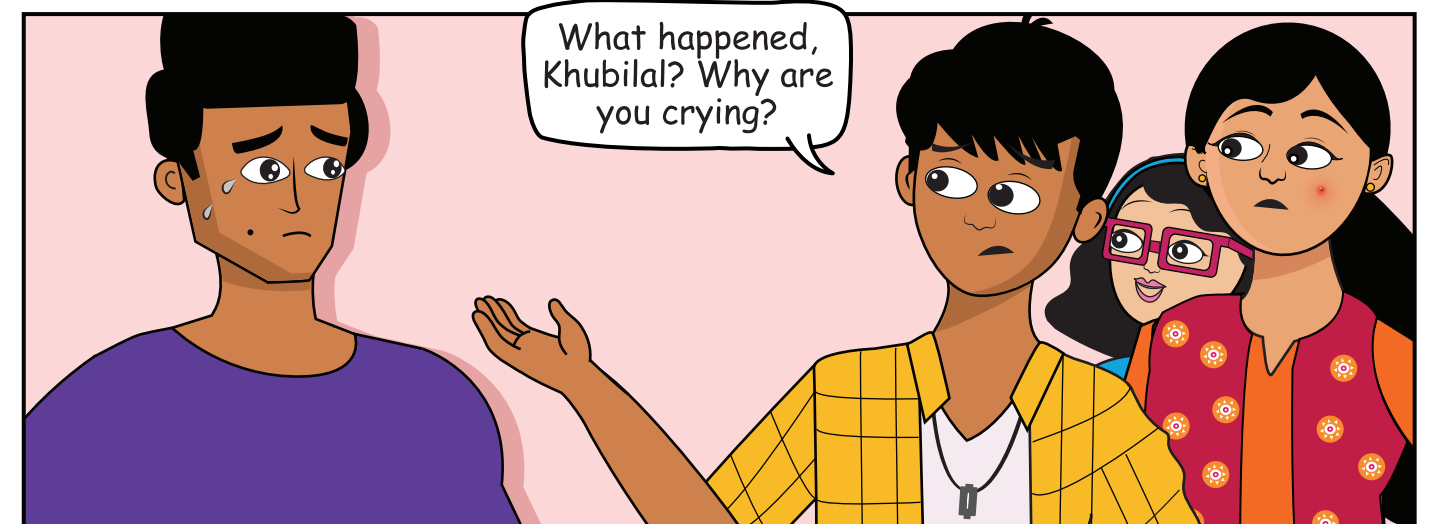
Khubilal used to leave the elephant in Vivek's farm for grazing, where the elephant grazed throughout the day and returned to Khubilal in the evening.

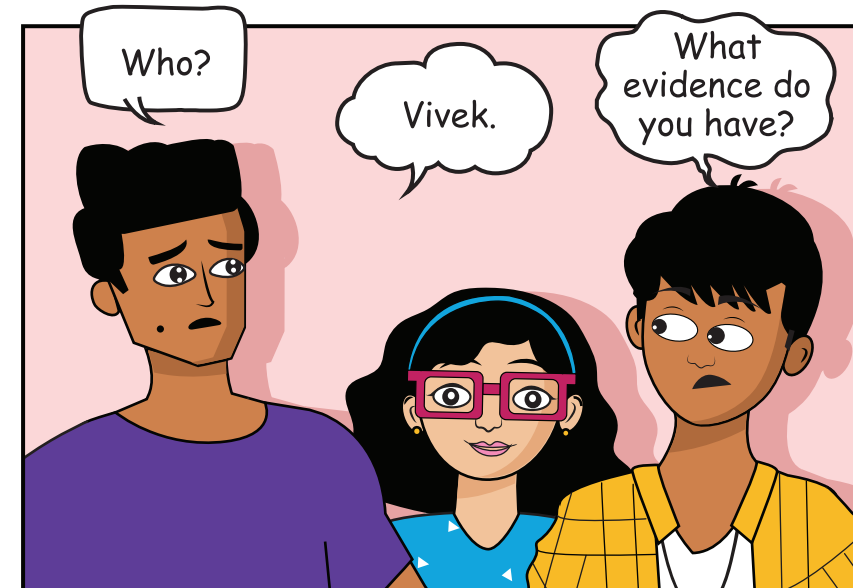
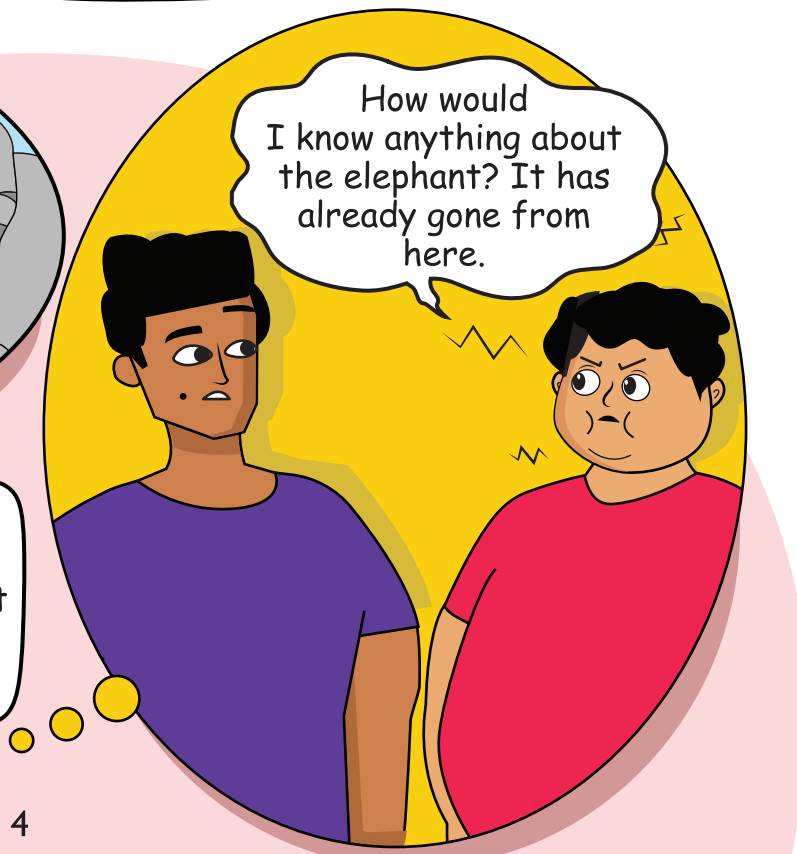
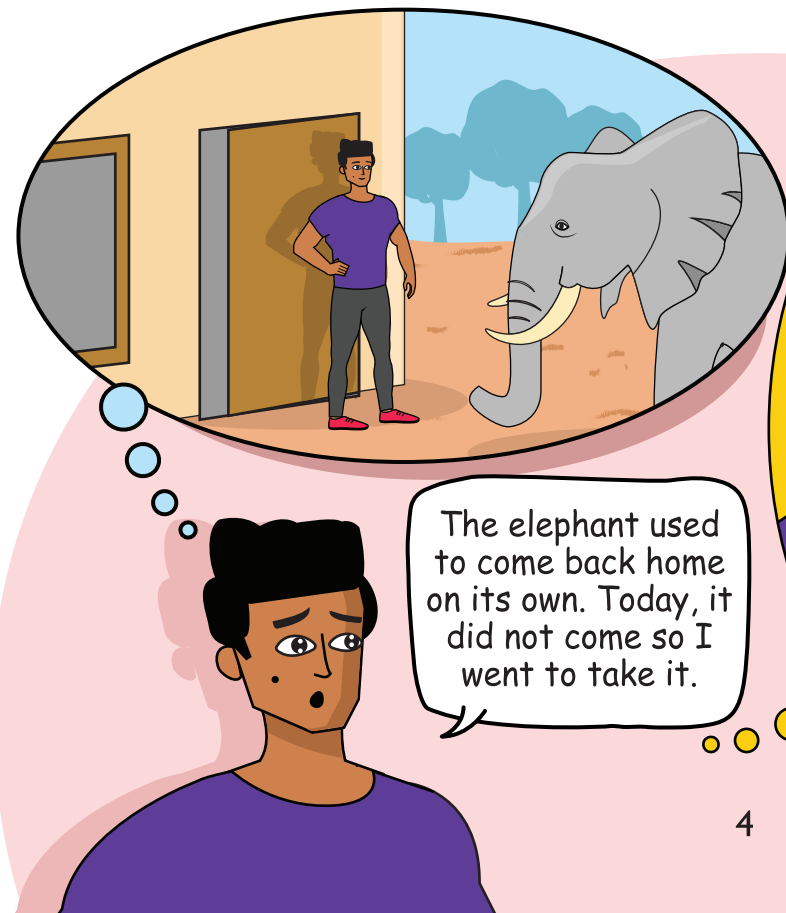
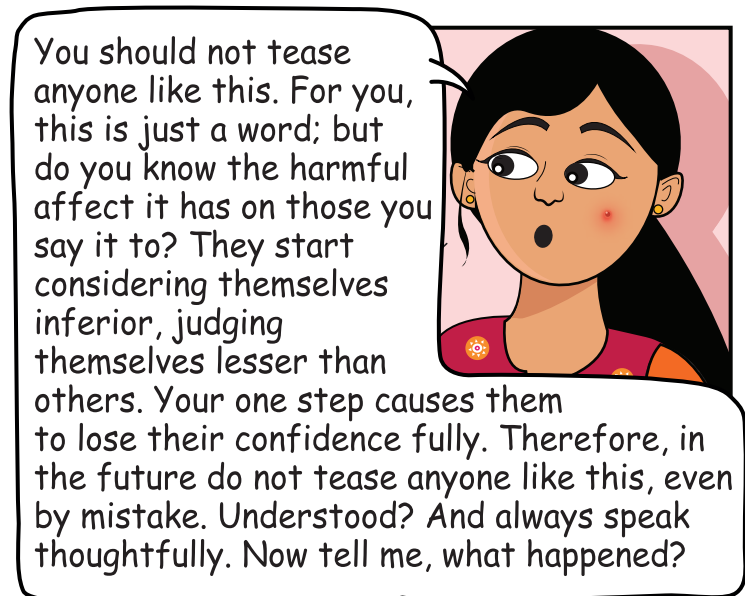
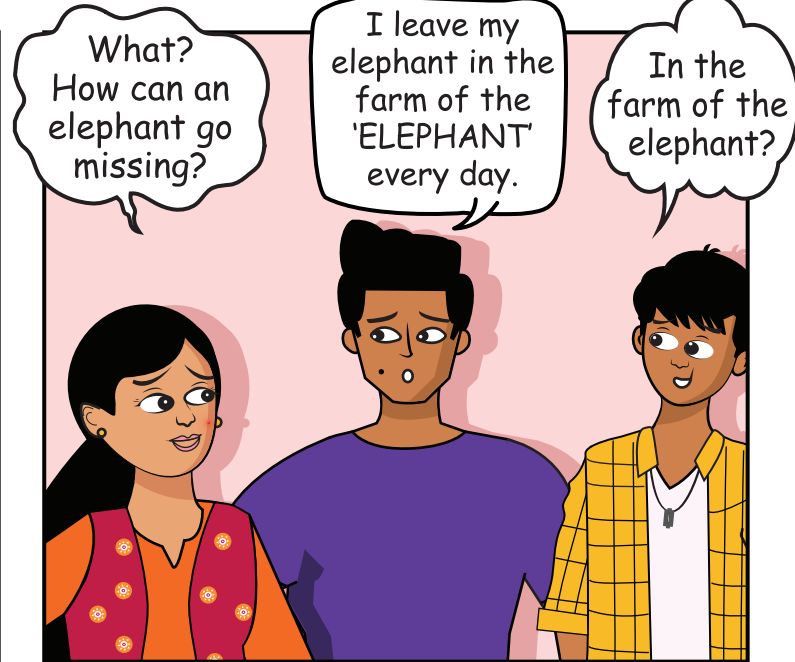


Comparing himself to Khubilal, Vivek started getting sad and wishing that he too could look like Khubilal.

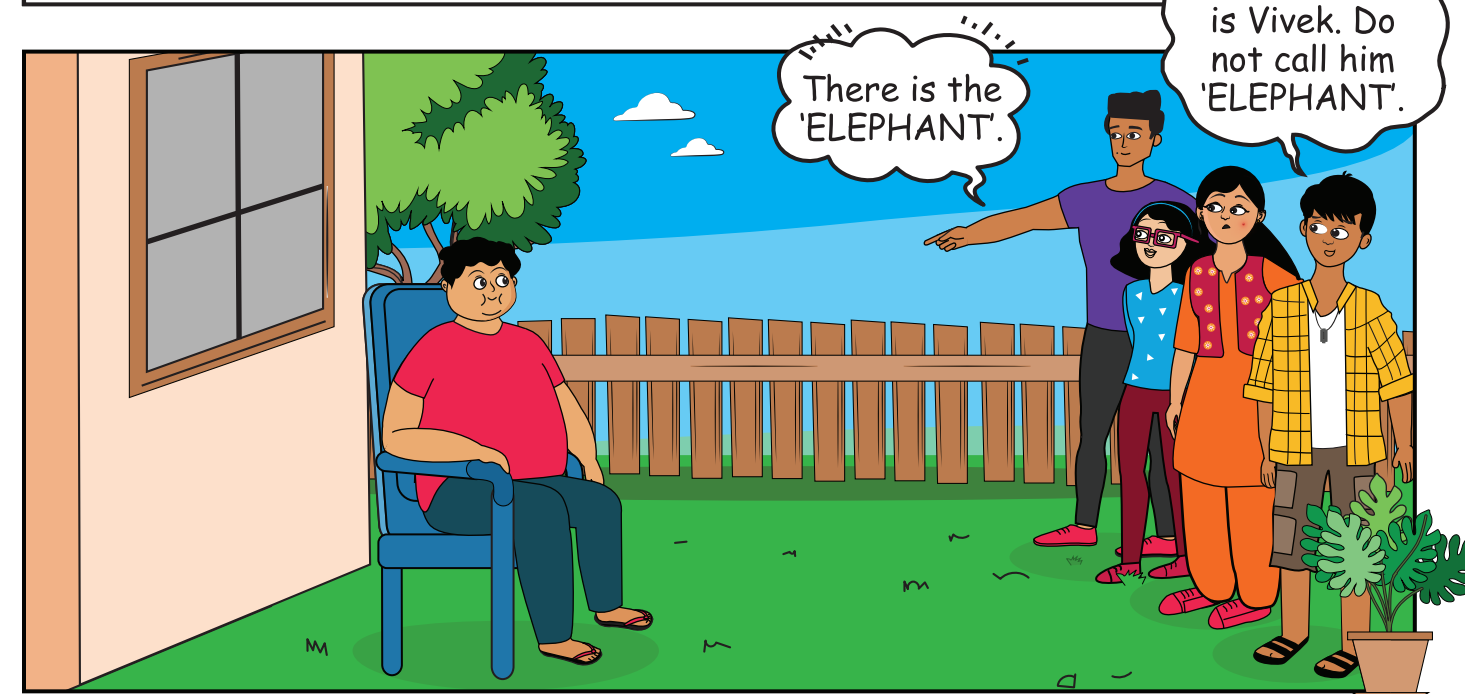


One day, Khubilal comes to AdhaFULL crying.





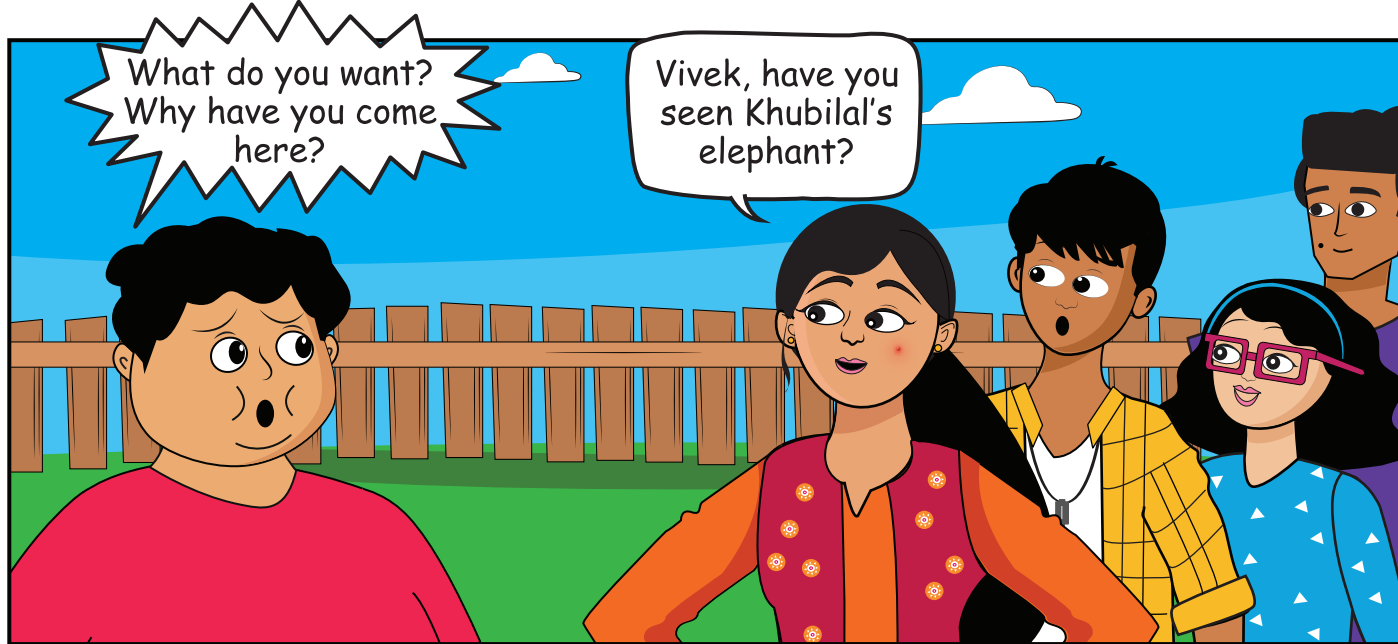
All four of them go to Vivek's home.





I'm sure we're not far from finding a clue to the missing elephant.

Let us talk to him.



What do you want? Why have you come here?

Vivek, have you seen Khubilal's elephant?



I do not know anything.



Do not worry and tell us all you know.

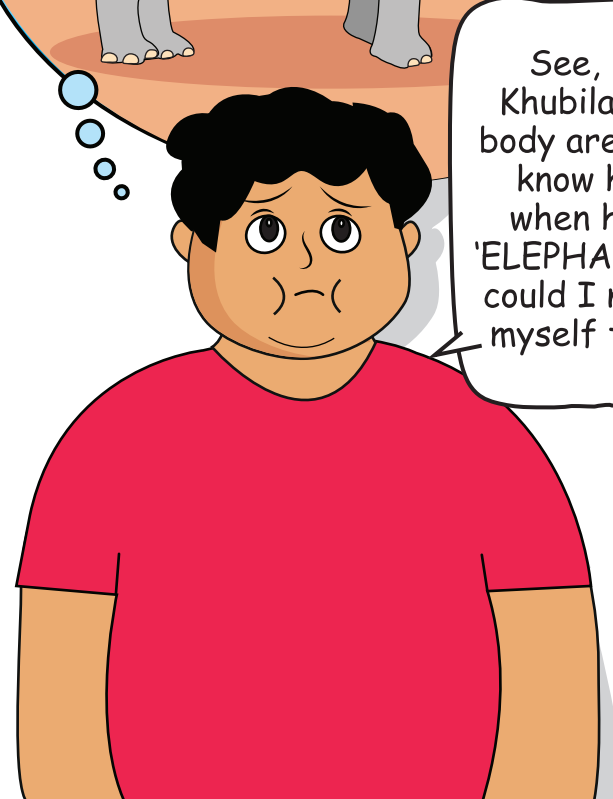
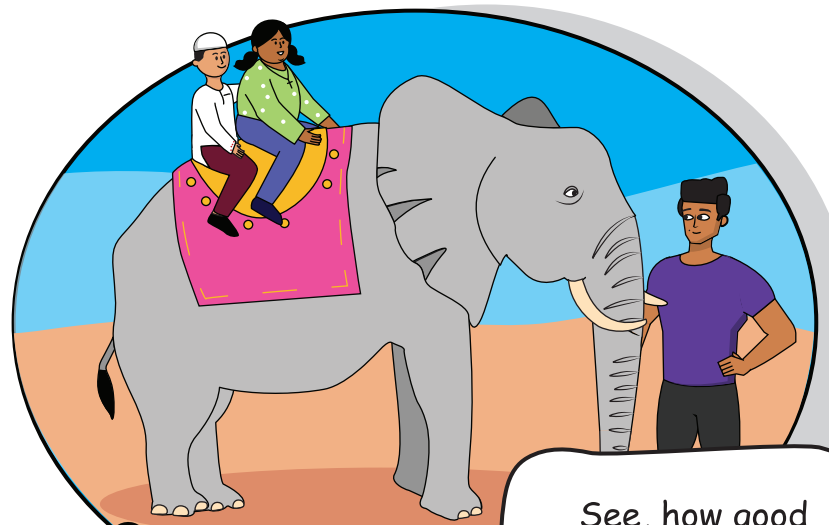
Vivek starts running fast.



Kitty and Adrak run behind him and catch him.

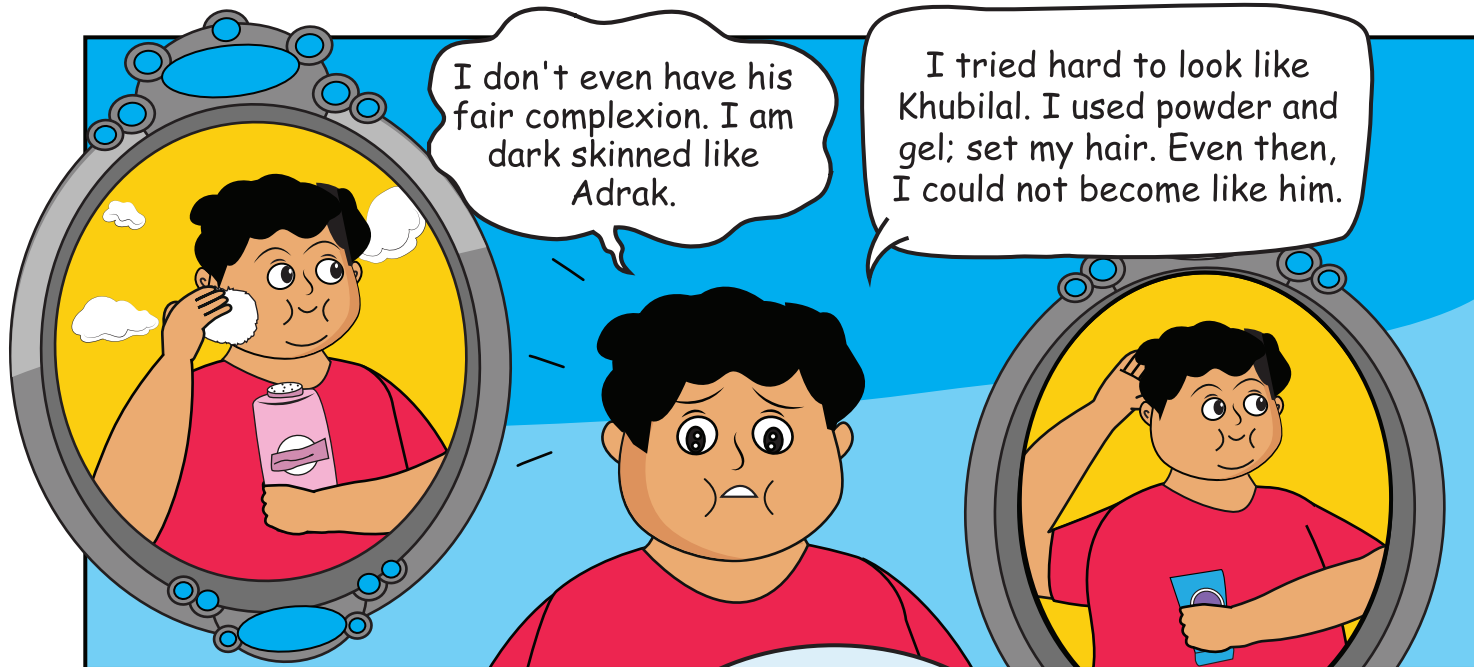


Why are you running? Talk to us.



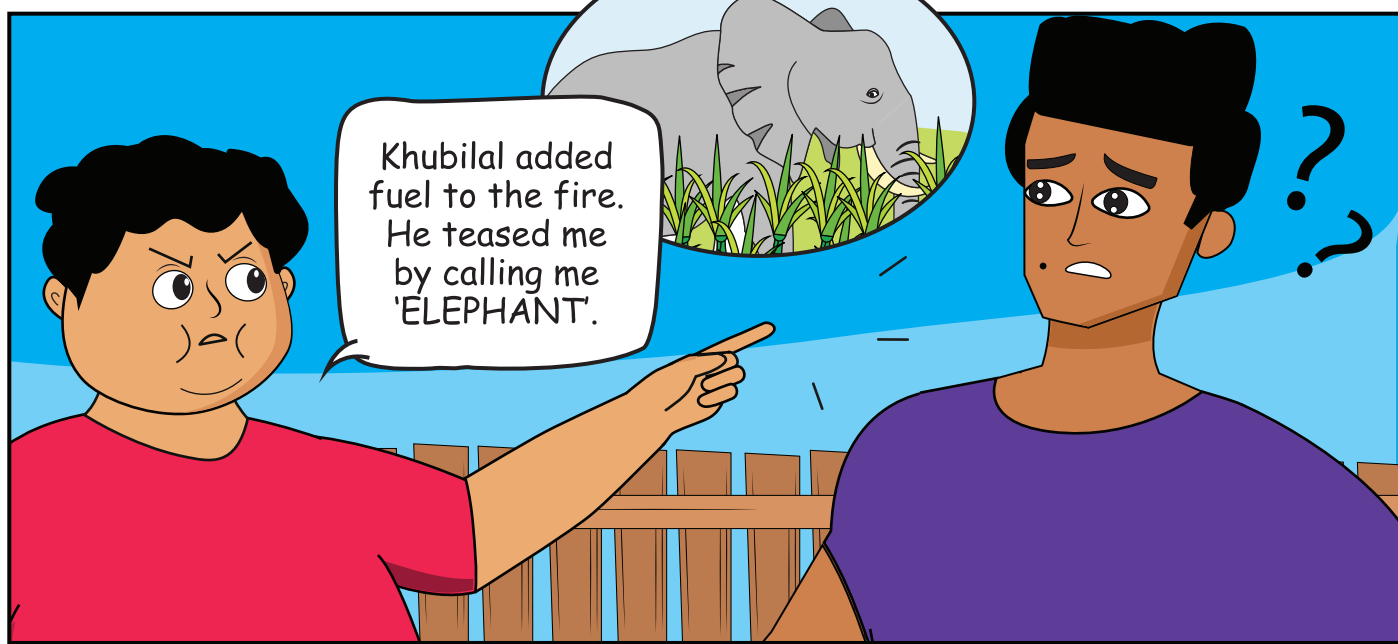
See, how good Khubilal's hair and body are. You do not know how I feel when he calls me 'ELEPHANT'. So, how could I not compare myself to Khubilal?





I don't even have his fair complexion. I am dark skinned like Adrak.

I tried hard to look like Khubilal. I used powder and gel; set my hair. Even then, I could not become like him.



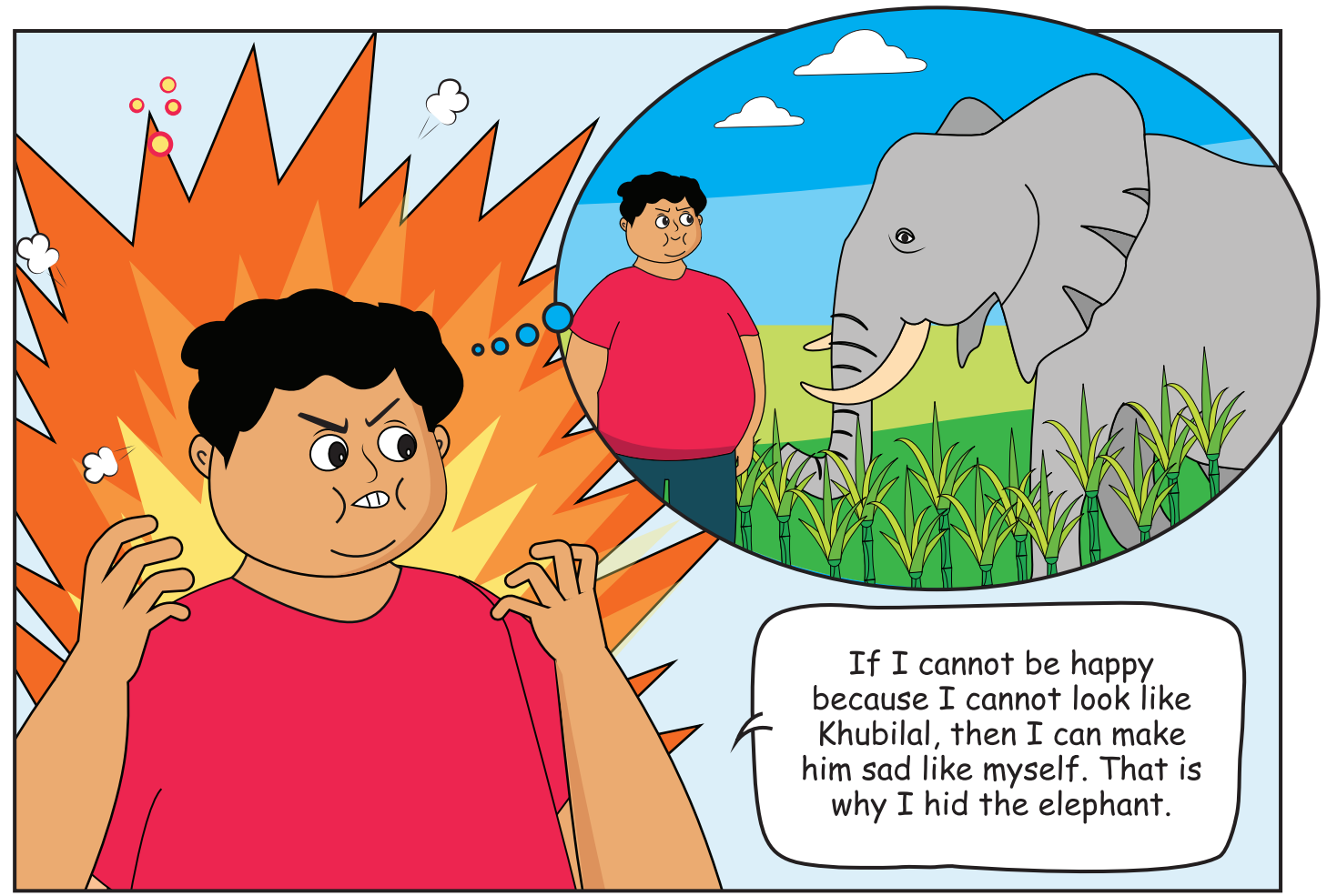
Khubilal added fuel to the fire. He teased me by calling me 'ELEPHANT'.

?

Kitty, Tara and Adrak also get sad after listening to Vivek.



It is wrong to tease someone like this. Khubilal should not have done so.

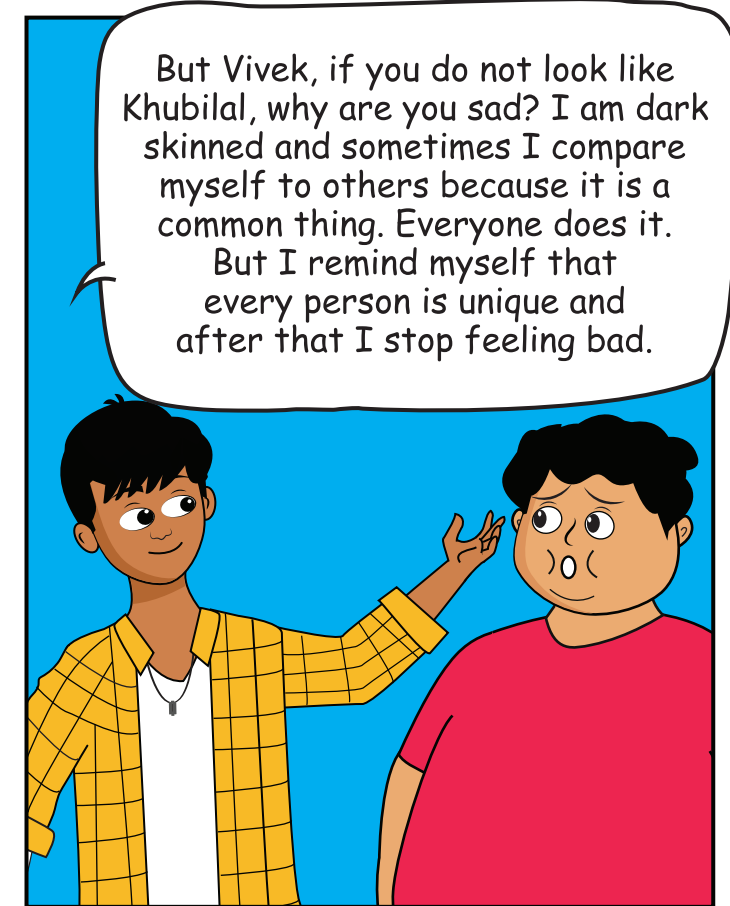


If I cannot be happy because I cannot look like Khubilal, then I can make him sad like myself. That is why I hid the elephant.

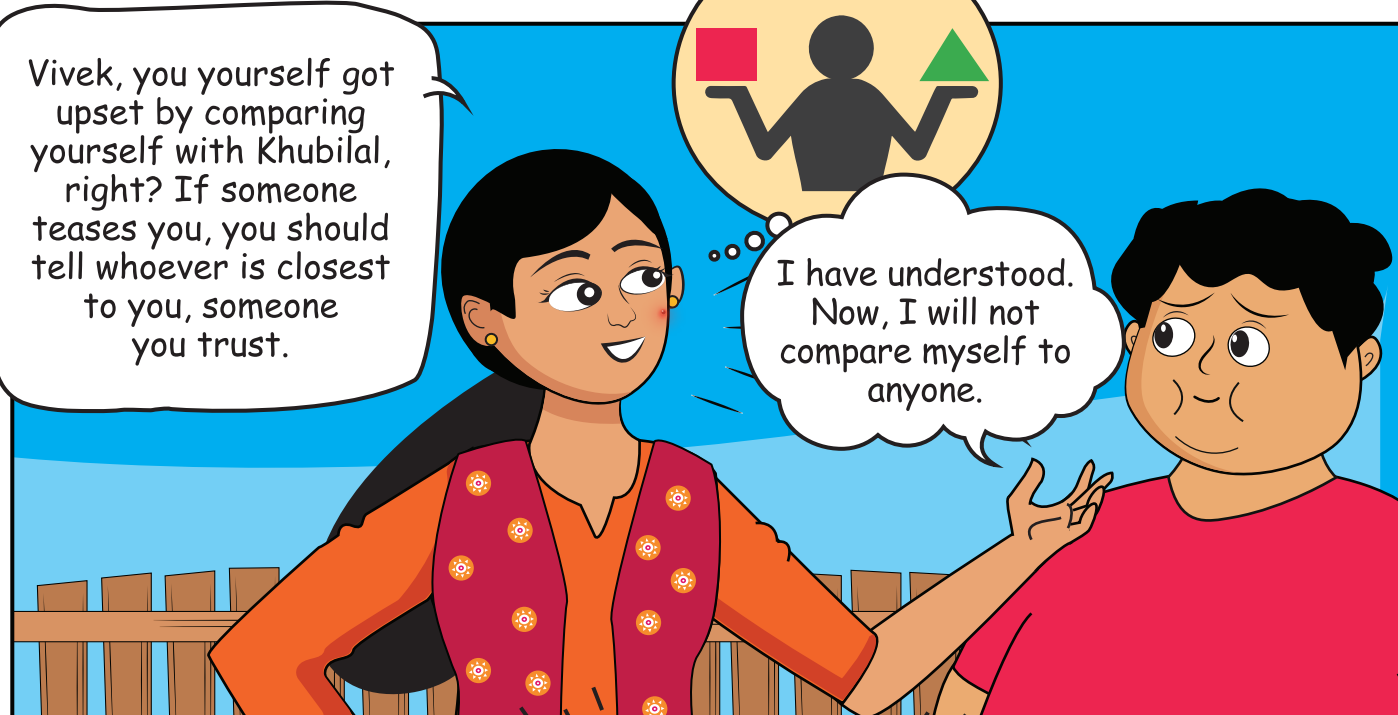
Everyone understands the matter after listening to Vivek.



Oh, so this is the matter.



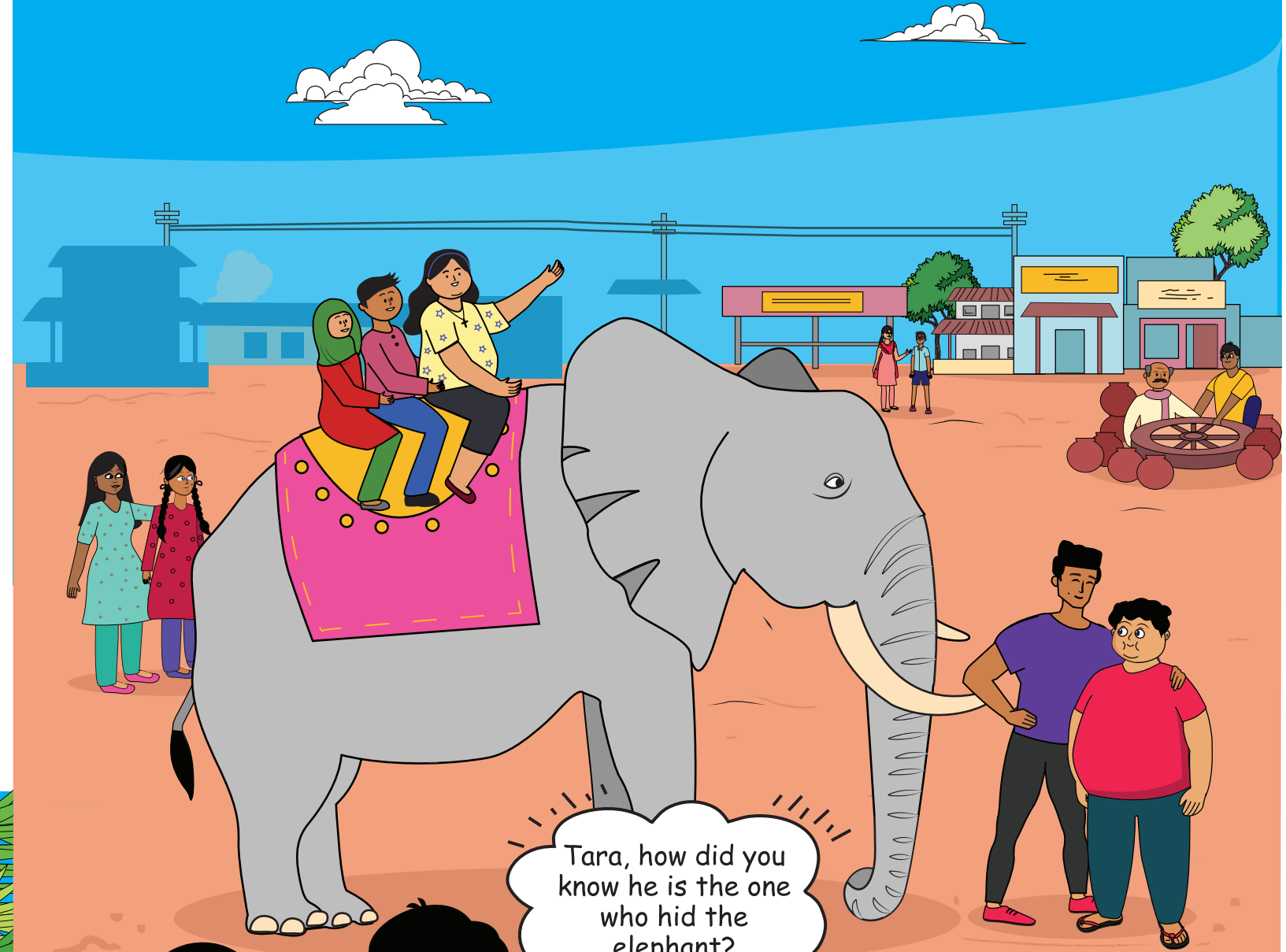
But Vivek, if you do not look like Khubilal, why are you sad? I am dark skinned and sometimes I compare myself to others because it is a common thing. Everyone does it. But I remind myself that every person is unique and after that I stop feeling bad.



Vivek leads them all to the farm. They find the elephant standing behind a big pile of sugarcanes.



The next day the children of Badlipur again started riding on the elephant.



My dearest elephant.



I smelt a rat the moment Khubilal said that he takes the elephant to graze in elephant's field. I thought the matter must be related to looks.



Comparing your looks and physique with that of others can only be harmful. It weakens your confidence, and you start thinking of yourself as less than others. Everyone is unique in themselves, everyone has a merit, which makes them different from others. Therefore, do not compare yourself with anyone and do not tease anyone.

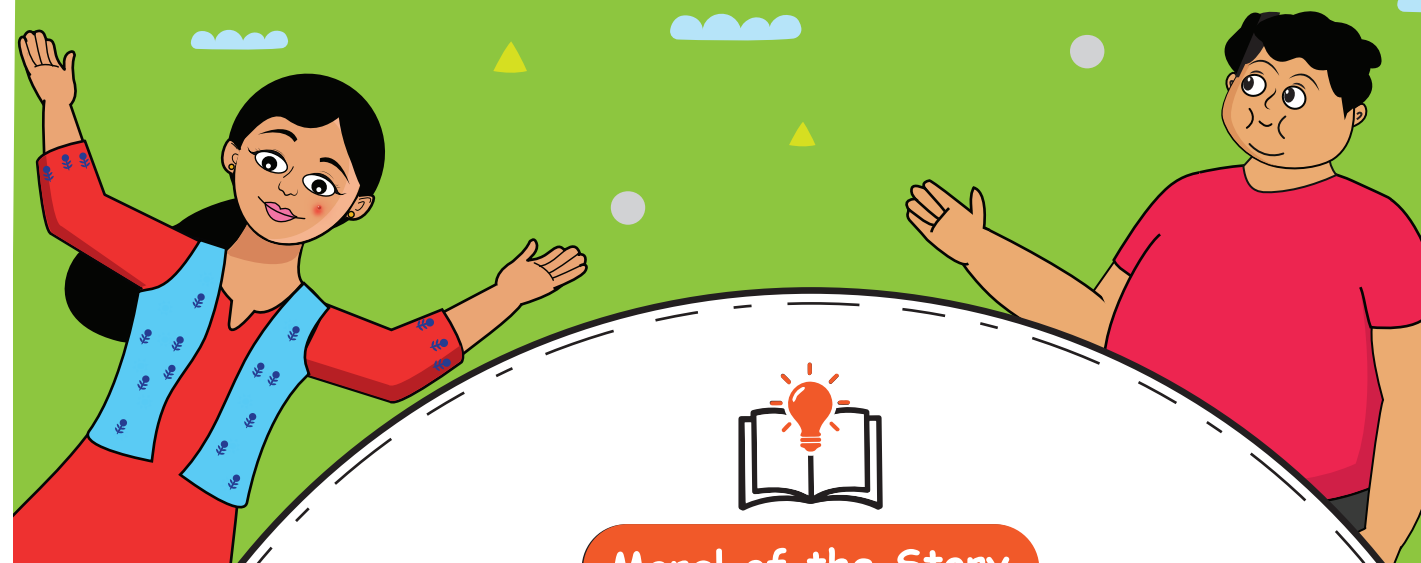
AdhaFULL has finally explained this thing to Badlipur today.



Long live AdhaFULL.



The End



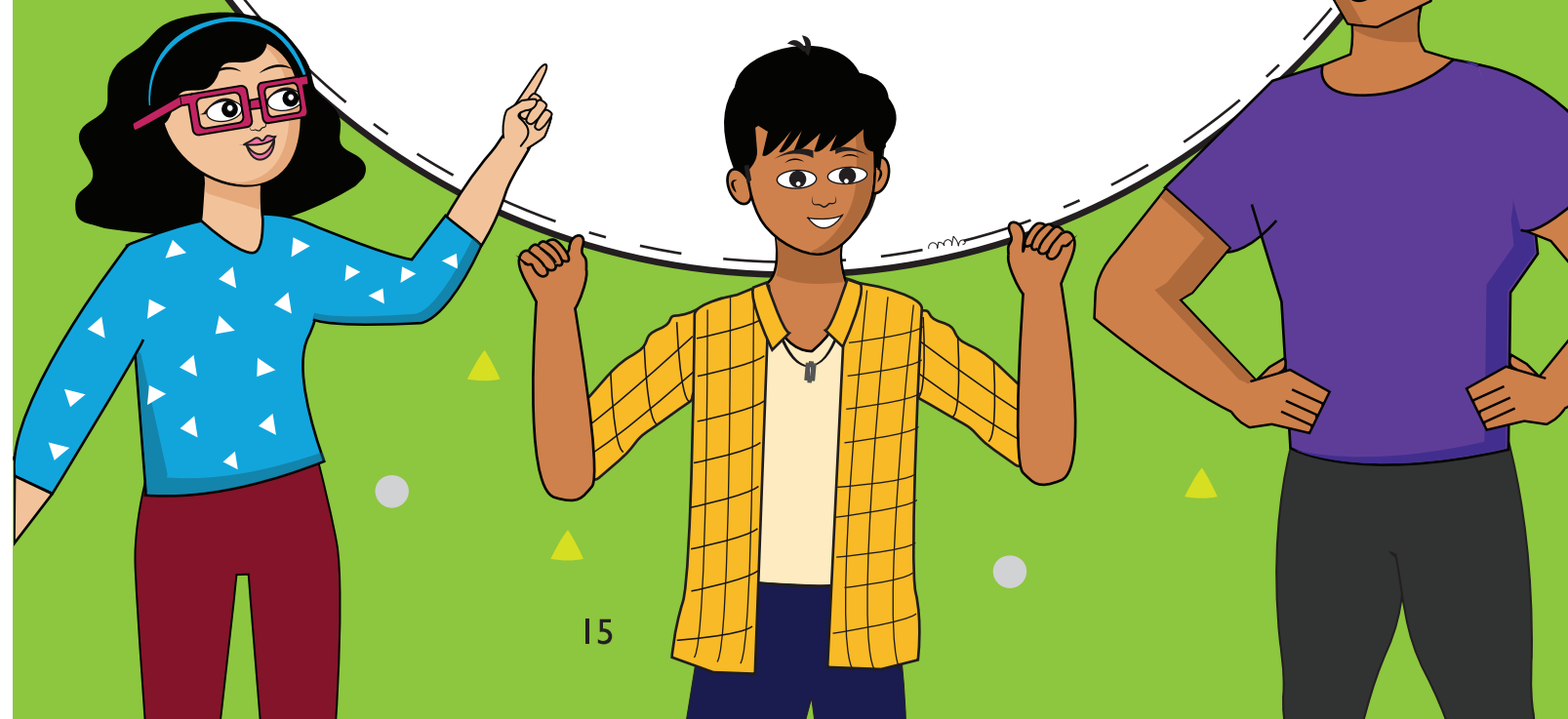
Moral of the Story

What did you learn from this story?

It is natural to compare yourself with others or with film actors. We only compare ourselves to those who we think are better than us.

It is harmful to compare looks. When we compare our looks with others, we fall into a trap in which no matter how much we try to look like others, we do not end up looking like them. Then we feel even worse. Seeing us, our friends also start comparing themselves with others. It causes us to feel the pressure to get the same looks like others, that is, to look like them. In this way all the people who compare their looks with someone else's get caught in this trap.

There is no point in comparing our looks with others. Everyone is unique in their own way. We should not try to look like each other. We should embrace our uniqueness.



Must play

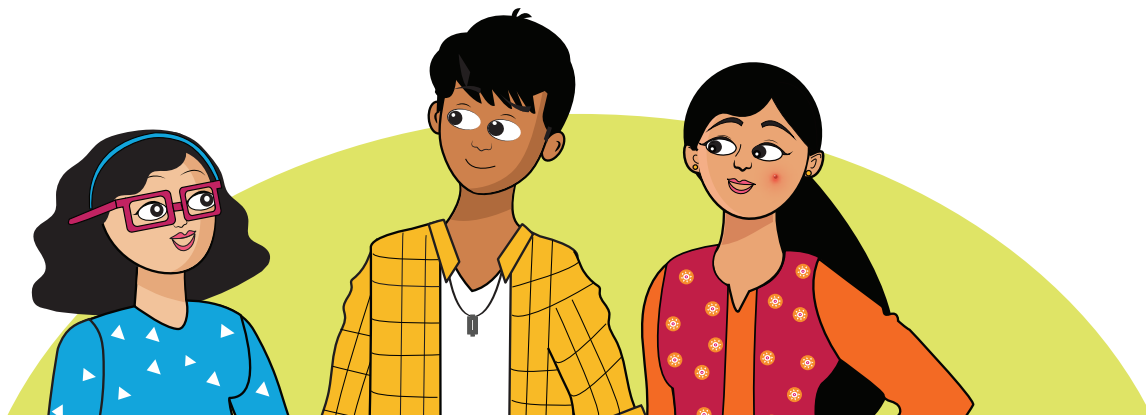
Take some time to think what you learned from this story. Read the list below. You will see some sentences given in column A and column B. Read the sentences given in column A and tell which sentence in column B matches with the sentence in column A.

A

1. You and your friends are going somewhere. Your friend tells you, "I wish I were fair skinned like you."
2. You and your friend pass by a Bollywood movie poster. Your friend says, "I wish I were as good looking as the actor in this poster."
3. Your friend looking at a picture of you says how thick your hair is... I wish I had such hair.
4. Your friend looks at a girl sitting in the class and tells you, "Look, she has a very few hair on her hands. I have so many hair on my hands."

B

1. It is because I am using a new cream, which enhances looks and fairness. I saw it in a commercial.
2. You do not have to be fair skinned to be happy. You are more than your looks.
3. Imagine how boring it would be if we all had the same kind of hair. It is good that we look different, and it makes us unique.
4. Yes, I am lucky that my hair is so thick. But you do not get upset. You at least do not have any pimples.
5. But he does not look like this in reality. The actor is indeed looking good, but this picture is not the reality.
6. Yes, if we looked as good as this actor did, we would have many friends too.
7. Do not think like this. Yes, commercials show many of such body hair removal products. But these are all ways to sell stuff.
8. Yes and she is so slim too. I wish I also looked like her.



Play this one too
if you wish



Four sentences have been given below.
These sentences are based on people comparing looks.
Complete these keeping in mind the fact stated
in previous sentence.

We should pay attention to our merits,
because they make us unique and different.

- It is natural to compare oneself with the looks of other people because...
- When I compare my looks with actors, I feel that...
- It is harmful to compare yourself with your friends because...
- We should not compare our looks with others because...

